

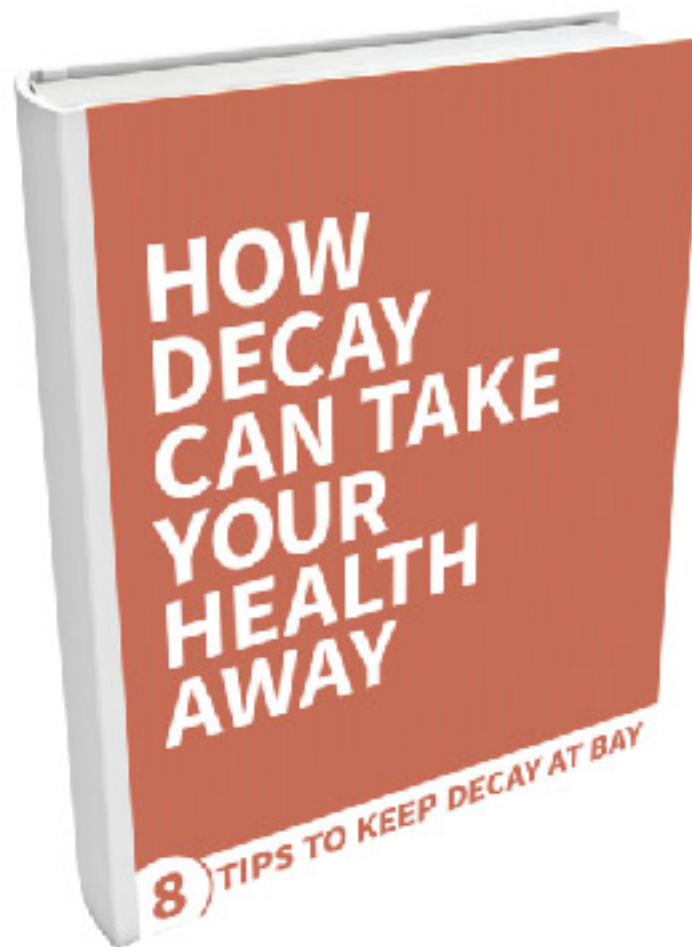
# Free E-Book: How Decay Can Take Your Health Away

8 Tips to Keep Decay at Bay

If your eyes are the window to the soul, then your smile is the door. This guide was developed to help you **understand how your oral health affects your overall health.**

## What you will learn:

- The root of tooth decay and what it is
- What is tooth decay
- How poor oral hygiene leaves you wide open for cavities
- How a little bit of prevention can go a long way in saving your health and money
- Why poor oral health can lead to other ailments like heart disease dementia
- How infection from an unchecked activity can literally go to your head.
- Why gum disease is an equal opportunity destroyer for all ages, not just grandpa
- Foods that are sneaky harborers of sugar
- Tips for taking care of teeth



I WANT MY FREE E-BOOK!

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First Name

Last Name

Email\*

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